Tips for Board Books



How to introduce:

- Introduce one book at a time.
- Allow your little one to hold the book in their hands.
- Show your child how to flip the page
- Read aloud the name of the colors/body parts
- Point with your finger at the image in the book. This will help your child to stay focussed.
- Eliminate distractions by sitting away from the TV, Phone, etc.
- Repeat the activity multiple times to reinforce the learning. Make it a part of your child's routine.
- Celebrate their efforts by praising them.
- Remember that learning takes time, especially for young children. Be patient and supportive as your child develops their understanding of Colors and Body Parts.

Ways to play:

- Use Real-Life Examples: Connect the colors in the book to objects in the child's environment. For example, if the book shows a red apple, point out other red objects in the room, such as a red vegetable or a red flower.
- Point to a body part in the book and say its name. Encourage your child to point to the same body part on their body and repeat the name.
- Use rhymes to help your little one learn about body parts. For example:
  “Head, shoulders, knees, and toes,
  And eyes, ears, mouth and nose.”